# Lent / Holy Week Triduum En-suite £280 Standard Room £260

**13 - 17 April:** Holy Week Triduum *Fr. Nick Harnan, MSC* 

Preached Retreats
En-Suite £500 Standard Room £480



4 - 31 May: Preached Silent Retreat

Inhabit the Promises
Bishop John Crowley

5 - 12 July: Preached Silent Retreat

"You are a thought of God".

Fr. Ben Lodge CP

21 –28 July: Preached Silent Retreat

The Good News of Mark

Fr. Tim Redmond SPS

16 - 23 Sept: Preached Silent Retreat

"I am the vine you are the branches" Two vocations: the call to intimacy and

fruitfulness.
Fr. Jim Hurley

11 - 18 Oct: Preached Silent Retreat

Fr. Paul Rout, OFM

## Ignatian Experience Retreat...

25 - 30 April

En-suite £280 Standard £260



An opportunity for those new to retreats to experience a short Individually Guided Retreat with Ignatian input

## **Individually Guided Retreat**

21-30 October

En-Suite £640 Standard £620

Led by the Kairos Team



"Come with me by yourselves to a place where we can be alone, and you can get some rest." (Mark 6:31)

### **Advent Triduum Retreats**

En-Suite £280 Standard Room £260

2 - 6 Dec: Bishop John Crowley

**8-12 Dec:** Fr. Michael Winstanley, SDB



Please contact the Bookings Office to check availability for any of the retreats listed.

We offer
Individual Spiritual Direction,
Retreat Days for School Groups
(students or staff),
Individually Guided Retreats
and space for Quiet Days.

If you do not see what you are looking for on this list, please contact us to discuss other options.

We welcome your calls or emails and the possibility of new opportunities.

## **Spiritual Direction**

Spiritual Direction is open to anyone wishing to explore their faith journey. There are no expectations or special requirements, just an interest in sharing your story with another person.

You might come on retreat and meet with a Spiritual Director daily or for example at the beginning and end of your retreat. You might wish to see a Spiritual Director regularly and this would usually be every four to six weeks.

The usual contribution is £30 for each session of spiritual direction. However, we would not wish anyone to miss the opportunity for spiritual direction and would encourage you to give what you can afford.

## **Quiet Days**

For individuals seeking some space with time to pray, reflect, read or relax in quiet surroundings. Usual contribution is £15.00.

## **Weekly Events at Kairos**

Tuesdays 10:30-12:00 - Al-Anon

**Wed 19:00-20:15** - WCCM Christian

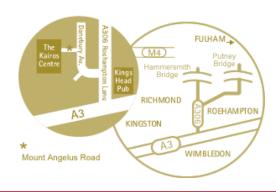
Meditation as 11th Step practice

#### How to find us

We are located in Roehampton, on the outskirts of London and easily reached by public transport or car. We have free, secure parking.

Buses: 430 and 170 go to Mount Angelus Rd from Putney and Victoria Stations.
Buses 85, 265, 493 go to Roehampton
Village. Trains: to Victoria or Putney and then take the bus

**Road:** only 3 minutes from the A3.



The Kairos Centre is owned and operated by the Poor Servants of the Mother of God



www.poorservants.org



PLACE TO PRAY • SPACE TO THINK • TIME TO MEET

## **2022 Retreat Programme**

The Kairos Centre Mount Angelus Road Roehampton, London SW15 4JA

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