

# Monthly Days of Reflection

  
THE KAIROS CENTRE



These Days of Reflection will be led by **Sr Nora Coughlan, SMG**

## Forthcoming Retreat Topics

### **20th February:**

Lessons from the Book of Creation:  
Walking humbly - gently on the earth - with our God

### **20th March:**

A New Springtime: Renewing our Hearts

### **15th May:**

Learning from Mary who leads us to her Son

### **19th June:**

Praying with Icons

### **17th July:**

Transfiguration and Transformation:  
Reflecting the Glory of God

### **18th September:**

Responding to Jesus' invitation "Come to me... you will find rest  
for your souls"

*The Kairos Centre ... An Urban Oasis ...*

**THIRD Saturday  
of the month**

**10am - 4pm**  
in the Oratory Chapel

Suggested offering:  
£10 for day, £20 including lunch

**The Kairos Centre**

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